



15. Thüringen ULTRA
Fröttstädt / 30.06.2023-01.07.2023

Detailed evaluation

Stephan Hloucal

Club: Deutsche Ultramarathonvereinigung
Number: 1063

Course: 160.00 km
100 Meilen

Category:
Senioren M70 (70-74) M

Total time: 28:34:40

Speed: 5.60 km/h
Running performance: 10:43 min/km

Rank in course/Total: 52 (of 70)

Rank in course/Men: 47 (of 63)

Best time in course: 17:03:47

Rank in category: 1(of 1)

Best time in the category: 28:34:40

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Hörselberg	42.00	5:46:36	8:15	1	-	45	2:11:01	42.00	5:46:36	8:15	1	-	45	2:11:01
Sondra	28.00	fehlt!	-	-	-	-	-	70.00	-	-	-	-	-	-
Glasbachwiese	17.00	9:14:12	32:36	1	-	53	7:15:47	87.00	15:00:48	10:21	1	-	49	5:51:30
Floh-Seligenthal	27.00	4:28:08	9:55	1	-	45	1:43:06	114.00	19:28:56	10:15	1	-	47	7:19:19
Finsterbergen	24.00	4:19:42	10:49	1	-	45	1:58:01	138.00	23:48:38	10:21	1	-	46	9:02:13
Fröttstädt	22.00	4:46:02	13:00	1	-	50	4:46:02	160.00	28:34:40	10:43	1	-	47	11:30:53