



15. Thüringen ULTRA  
Fröttstädt / 30.06.2023-01.07.2023

Detailed evaluation

Antje Knobloch

Number: 1036

Course: 160.00 km  
100 Meilen

Category:  
Seniorinnen W45 (45-49) M

Total time: 22:49:42

Speed: 7.01 km/h

Running performance: 8:33 min/km

Rank in course/Total: 20 (of 70)

Rank in course/Women: 1 (of 7)

Best time in course: 22:49:42

Rank in category: 1(of 2)

Best time in the category: 22:49:42

Control	Intermediate times			Stage score				Total ranking						
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Hörselberg	42.00	4:34:25	6:32	1	-	1	-	42.00	4:34:25	6:32	1	-	1	-
Sondra	28.00	4:17:06	9:10	1	-	1	-	70.00	8:51:31	7:35	1	-	1	-
Glasbachwiese	17.00	2:30:13	8:50	1	-	1	-	87.00	11:21:44	7:50	1	-	1	-
Floh-Seligenthal	27.00	3:50:59	8:33	1	-	1	-	114.00	15:12:43	8:00	1	-	1	-
Finsterbergen	24.00	3:56:26	9:51	1	-	4	31:21	138.00	19:09:09	8:19	1	-	1	-
Fröttstädt	22.00	3:40:33	10:01	1	-	2	7:43	160.00	22:49:42	8:33	1	-	1	-