



15. Thüringen ULTRA
Fröttstädt / 30.06.2023-01.07.2023

Detailed evaluation

Antje Knobloch

Number: 1036

Course: 160.00 km
100 Meilen

Category:
Seniorinnen W45 (45-49) M

Total time: 22:49:42

Speed: 7.01 km/h

Running performance: 8:33 min/km

Rank in course/Total: 20 (of 70)

Rank in course/Women: 1 (of 7)

Best time in course: 22:49:42

Rank in category: 1(of 2)

Best time in the category: 22:49:42

| Control | Intermediate times | | | Stage score | | | | Total ranking | | | | | | |
|------------------|--------------------|------------|--------------|-------------|-------------|-----------|--------------|---------------|------------|--------------|----------|-------------|-----------|--------------|
| | Split km | Split Time | Split min/km | Pos Cat. | Behind Cat. | Pos Women | Behind Women | Total km | Total Time | Total min/km | Pos Cat. | Behind Cat. | Pos Women | Behind Women |
| Hörselberg | 42.00 | 4:34:25 | 6:32 | 1 | - | 1 | - | 42.00 | 4:34:25 | 6:32 | 1 | - | 1 | - |
| Sondra | 28.00 | 4:17:06 | 9:10 | 1 | - | 1 | - | 70.00 | 8:51:31 | 7:35 | 1 | - | 1 | - |
| Glasbachwiese | 17.00 | 2:30:13 | 8:50 | 1 | - | 1 | - | 87.00 | 11:21:44 | 7:50 | 1 | - | 1 | - |
| Floh-Seligenthal | 27.00 | 3:50:59 | 8:33 | 1 | - | 1 | - | 114.00 | 15:12:43 | 8:00 | 1 | - | 1 | - |
| Finsterbergen | 24.00 | 3:56:26 | 9:51 | 1 | - | 4 | 31:21 | 138.00 | 19:09:09 | 8:19 | 1 | - | 1 | - |
| Fröttstädt | 22.00 | 3:40:33 | 10:01 | 1 | - | 2 | 7:43 | 160.00 | 22:49:42 | 8:33 | 1 | - | 1 | - |