



15. Thüringen ULTRA
Fröttstädt / 30.06.2023-01.07.2023

Detailed evaluation

Gundi Weckenmann

Club: Die Kauffrauen
Number: 1077

Course: 160.00 km
100 Meilen

Category:
Seniorinnen W50 (50-54) M

Total time: 24:46:20

Speed: 6.46 km/h
Running performance: 9:17 min/km

Rank in course/Total: 38 (of 70)

Rank in course/Women: 4 (of 7)

Best time in course: 22:49:42

Rank in category: 3(of 4)

Best time in the category: 23:40:35

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Hörselberg	42.00	4:58:21	7:06	2	10:13	3	23:56	42.00	4:58:21	7:06	2	10:13	3	23:56
Sondra	28.00	4:31:45	9:42	2	6:05	3	14:39	70.00	9:30:06	8:08	2	16:18	3	38:35
Glasbachwiese	17.00	2:57:39	10:27	3	9:30	4	27:26	87.00	12:27:45	8:35	2	25:48	3	1:06:01
Floh-Seligenthal	27.00	4:17:49	9:32	2	12:14	3	26:50	114.00	16:45:34	8:49	2	38:02	3	1:32:51
Finsterbergen	24.00	3:54:05	9:45	3	29:00	3	29:00	138.00	20:39:39	8:58	2	48:54	3	1:30:30
Fröttstädt	22.00	4:06:41	11:12	3	33:51	5	33:51	160.00	24:46:20	9:17	3	1:05:45	4	1:56:38