



15. Thüringen ULTRA
Fröttstädt / 30.06.2023-01.07.2023

Detailed evaluation

Julian Nassadil

Number: 95

Course: 100.00 km
100 Kilometer

Category:
Senioren M35 (35-39)

Total time: 13:41:00

Speed: 7.31 km/h

Running performance: 8:12 min/km

Rank in course/Total: 88 (of 153)

Rank in course/Men: 69 (of 118)

Best time in course: 8:41:00

Rank in category: 3(of 8)

Best time in the category: 11:12:16

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Glasbachwiese	27.00	3:17:24	7:18	4	38:21	63	1:05:35	27.00	3:17:24	7:18	4	38:21	63	1:05:35
Floh-Seligenthal	27.00	3:27:22	7:40	3	34:28	69	1:09:50	54.00	6:44:46	7:29	3	58:55	61	2:15:25
Finsterbergen	22.00	3:10:32	8:39	3	29:48	55	1:09:21	76.00	9:55:18	7:49	3	1:28:43	58	3:24:46
Fröttstädt	24.00	3:45:42	9:24	6	1:00:01	88	3:45:42	100.00	13:41:00	8:12	3	2:28:44	69	5:00:00