



15. Thüringen ULTRA
Fröttstädt / 30.06.2023-01.07.2023

Detailed evaluation

Marcel Bilek

Club: Lauffeuer Fröttstädt e.V.
Number: 40

Course: 100.00 km
100 Kilometer

Category:
Senioren M35 (35-39)

Total time: 14:04:17

Speed: 7.11 km/h
Running performance: 8:26 min/km

Rank in course/Total: 96 (of 153)

Rank in course/Men: 76 (of 118)

Best time in course: 8:41:00

Rank in category: 4(of 8)

Best time in the category: 11:12:16

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Glasbachwiese	27.00	3:32:30	7:52	5	53:27	84	1:20:41	27.00	3:32:30	7:52	5	53:27	84	1:20:41
Floh-Seligenthal	27.00	3:28:42	7:43	4	35:48	75	1:11:10	54.00	7:01:12	7:47	4	1:15:21	81	2:31:51
Finsterbergen	22.00	3:19:25	9:03	4	38:41	69	1:18:14	76.00	10:20:37	8:09	4	1:54:02	75	3:50:05
Fröttstädt	24.00	3:43:40	9:19	5	57:59	85	3:43:40	100.00	14:04:17	8:26	4	2:52:01	76	5:23:17