



15. Thüringen ULTRA  
Fröttstädt / 30.06.2023-01.07.2023

Detailed evaluation

Christoph Siebert

Club: SC Önsbach  
Number: 73

Course: 100.00 km  
100 Kilometer

Category:  
Senioren M35 (35-39)

Total time: 14:18:43

Speed: 6.99 km/h  
Running performance: 8:35 min/km

Rank in course/Total: 104 (of 153)

Rank in course/Men: 82 (of 118)

Best time in course: 8:41:00

Rank in category: 5(of 8)

Best time in the category: 11:12:16

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Glasbachwiese	27.00	fehlt!	-	-	-	-	-	27.00	-	-	-	-	-	-
Floh-Seligenthal	27.00	7:06:08	15:46	7	4:13:14	116	4:48:36	54.00	7:06:08	7:53	5	1:20:17	84	2:36:47
Finsterbergen	22.00	3:26:51	9:24	5	46:07	76	1:25:40	76.00	10:32:59	8:19	5	2:06:24	78	4:02:27
Fröttstädt	24.00	3:45:44	9:24	7	1:00:03	89	3:45:44	100.00	14:18:43	8:35	5	3:06:27	82	5:37:43