



15. Thüringen ULTRA

Fröttstädt / 30.06.2023-01.07.2023

Detailed evaluation

Tobias Langer

Club: LG Mauerweg Berlin e.V.
Number: 93

Course: 100.00 km
100 Kilometer

Category:
Senioren M40 (40-44)

Total time: 9:33:13

Speed: 10.47 km/h
Running performance: 5:43 min/km

Rank in course/Total: 4 (of 153)

Rank in course/Men: 4 (of 118)

Best time in course: 8:41:00

Rank in category: 1(of 11)

Best time in the category: 9:33:13

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Glasbachwiese	27.00	2:29:08	5:31	1	-	5	17:19	27.00	2:29:08	5:31	1	-	5	17:19
Floh-Seligenthal	27.00	2:33:14	5:40	2	1:22	6	15:42	54.00	5:02:22	5:35	1	-	4	33:01
Finsterbergen	22.00	2:13:02	6:02	1	-	3	11:51	76.00	7:15:24	5:43	1	-	4	44:52
Fröttstädt	24.00	2:17:49	5:44	2	0:50	6	2:17:49	100.00	9:33:13	5:43	1	-	4	52:13