



# 15. Thüringen ULTRA

Fröttstädt / 30.06.2023-01.07.2023

## Detailed evaluation

### Sören Schramm

Club: Chemnitzer LV Megware  
Number: 41

Course: 100.00 km  
100 Kilometer

Category:  
Senioren M40 (40-44)

Total time: 10:28:00

Speed: 9.55 km/h  
Running performance: 6:16 min/km

Rank in course/Total: 11 (of 153)

Rank in course/Men: 11 (of 118)

Best time in course: 8:41:00

Rank in category: 4(of 11)

Best time in the category: 9:33:13

### Intermediate times

### Stage score

### Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Glasbachwiese	27.00	2:32:17	5:38	2	3:09	7	20:28	27.00	2:32:17	5:38	2	3:09	7	20:28
Floh-Seligenthal	27.00	2:42:42	6:01	3	10:50	9	25:10	54.00	5:14:59	5:49	3	12:37	8	45:38
Finsterbergen	22.00	2:40:57	7:18	4	27:55	19	39:46	76.00	7:55:56	6:15	4	40:32	12	1:25:24
Fröttstädt	24.00	2:32:04	6:20	4	15:05	10	2:32:04	100.00	10:28:00	6:16	4	54:47	11	1:47:00