



15. Thüringen ULTRA
Fröttstädt / 30.06.2023-01.07.2023

Detailed evaluation

Matthias Doepping

Club: Team Döpping
Number: 21

Course: 100.00 km
100 Kilometer

Category:
Senioren M40 (40-44)

Total time: 12:19:35

Speed: 8.11 km/h
Running performance: 7:23 min/km

Rank in course/Total: 37 (of 153)

Rank in course/Men: 31 (of 118)

Best time in course: 8:41:00

Rank in category: 5(of 11)

Best time in the category: 9:33:13

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Glasbachwiese	27.00	3:08:47	6:59	5	39:39	45	56:58	27.00	3:08:47	6:59	5	39:39	45	56:58
Floh-Seligenthal	27.00	3:07:09	6:55	5	35:17	35	49:37	54.00	6:15:56	6:57	5	1:13:34	39	1:46:35
Finsterbergen	22.00	2:51:06	7:46	5	38:04	28	49:55	76.00	9:07:02	7:11	5	1:51:38	31	2:36:30
Fröttstädt	24.00	3:12:33	8:01	7	55:34	46	3:12:33	100.00	12:19:35	7:23	5	2:46:22	31	3:38:35