



# 4. Internationaler Lüneburger Heide Ultra-Marathon

Lüneburg / 10.06.2023

## Detailed evaluation

Nicolai André Thielker

Number: 63

Course: 100.00 km

Ultra-Marathon Einzel

Category:

Senioren M30 (30-34 Jahre)

Rank in course/Total: DNF (of 63)

Rank in course/Men: DNF (of 51)

Best time in course: 9:08:12

Rank in category: DNF(of 6)

Best time in the category: 9:57:43

### Intermediate times

### Stage score

### Total ranking

Control	Split		Pos	Behind	Pos		Behind	Total		Pos	Behind	Pos		Behind
	km	Time			min/km	Cat.		Cat.	Men			Men	km	
Südergellersen	10.30	58:29	5:40	4	4:34	15	4:40	10.30	58:29	5:40	4	4:34	15	4:40
Amelinghausen	13.80	1:20:03	5:48	4	10:09	17	13:54	24.10	2:18:32	5:44	4	14:38	15	18:21
Schwindebeck	9.40	1:12:08	7:40	6	23:20	42	27:40	33.50	3:30:40	6:17	4	37:57	28	46:01
Bispingen	8.90	1:21:17	9:07	6	33:49	47	37:29	42.40	4:51:57	6:53	6	1:11:31	38	1:23:30
Overhaverbeck	10.80	fehlt!	-	-	-	-	-	53.20	-	-	-	-	-	-
Undeloh	6.90	fehlt!	-	-	-	-	-	60.10	-	-	-	-	-	-
Egestorf	9.20	fehlt!	-	-	-	-	-	69.30	-	-	-	-	-	-
Salzhausen	10.70	fehlt!	-	-	-	-	-	80.00	-	-	-	-	-	-
Südergellersen	10.90	fehlt!	-	-	-	-	-	90.90	-	-	-	-	-	-
Sülzwiesen	9.10	-	-	6	-	43	-	100.00	-	-	-	-	-	-