



4. Internationaler Lüneburger Heide Ultra-Marathon

Lüneburg / 10.06.2023

Detailed evaluation

Andreas Mohr

Club: MC Eschweiler

Number: 42

Course: 100.00 km

Ultra-Marathon Einzel

Category:

Senioren M55 (55-59 Jahre)

Rank in course/Total: DNF (of 63)

Rank in course/Men: DNF (of 51)

Best time in course: 9:08:12

Rank in category: DNF(of 6)

Best time in the category: 9:52:21

Intermediate times

Stage score

Total ranking

Control	Split		Pos	Behind	Stage score		Pos	Behind	Total		Pos	Behind	Pos	Behind
	km	Time			min/km	Cat.			Cat.	Men				
Südergellersen	10.30	1:07:43	6:34	5	12:47	37	13:54	10.30	1:07:43	6:34	5	12:47	37	13:54
Amelinghausen	13.80	1:30:08	6:31	5	16:24	34	23:59	24.10	2:37:51	6:32	5	29:11	35	37:40
Schwindebeck	9.40	1:02:25	6:38	4	8:38	30	17:57	33.50	3:40:16	6:34	5	37:49	33	55:37
Bispingen	8.90	1:02:29	7:01	4	9:14	32	18:41	42.40	4:42:45	6:40	5	47:03	31	1:14:18
Overhaverbeck	10.80	1:22:41	7:39	5	14:09	31	27:21	53.20	6:05:26	6:52	5	1:01:12	31	1:41:39
Undeloh	6.90	55:54	8:06	3	14:05	29	18:12	60.10	7:01:20	7:00	4	1:15:17	28	1:59:51
Egestorf	9.20	1:23:34	9:05	4	25:26	33	30:04	69.30	8:24:54	7:17	4	1:40:43	32	2:29:55
Salzhausen	10.70	1:46:25	9:56	4	38:09	36	42:16	80.00	10:11:19	7:38	4	2:18:52	32	3:12:11
Südergellersen	10.90	3:35:24	19:45	4	2:23:34	42	2:25:25	90.90	13:46:43	9:05	4	4:42:26	42	5:37:36
Sülzwiesen	9.10		0:00	1	-	1	-	100.00	-	-	-	-	-	-