



4. Internationaler Lüneburger Heide Ultra-Marathon

Lüneburg / 10.06.2023

Detailed evaluation

Vitalija Miezyte

Number: 40

Course: 100.00 km

Ultra-Marathon Einzel

Category:

Seniorinnen W35 (35-39 Jahre)

Rank in course/Total: DNF (of 63)

Rank in course/Women: DNF (of 12)

Best time in course: 10:37:59

Rank in category: DNF(of 1)

Control	Intermediate times				Stage score				Total ranking					
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Südergellersen	10.30	1:20:01	7:46	1	-	12	19:33	10.30	1:20:01	7:46	1	-	12	19:33
Amelinghausen	13.80	1:25:25	6:11	1	-	5	4:59	24.10	2:45:26	6:51	1	-	7	24:32
Schwindebeck	9.40	1:06:54	7:07	1	-	6	9:49	33.50	3:52:20	6:56	1	-	6	33:22
Bispingen	8.90	1:06:44	7:29	1	-	7	14:26	42.40	4:59:04	7:03	1	-	6	47:48
Overhaverbeck	10.80	1:44:43	9:41	1	-	11	36:20	53.20	6:43:47	7:35	1	-	7	1:20:18
Undeloh	6.90	fehlt!	-	-	-	-	-	60.10	-	-	-	-	-	-
Egestorf	9.20	fehlt!	-	-	-	-	-	69.30	-	-	-	-	-	-
Salzhausen	10.70	fehlt!	-	-	-	-	-	80.00	-	-	-	-	-	-
Südergellersen	10.90	fehlt!	-	-	-	-	-	90.90	-	-	-	-	-	-
Sülzwiesen	9.10	fehlt!	-	-	-	-	-	100.00	-	-	-	-	-	-