



Detailed evaluation

Jamie Lux

Club: SSV Erfurt Nord e.V.
Number: 30

Course: 4.50 km
Jedermann

Category:
Frauen (20-29 Jahre) J

Total time: 17:20

Speed: 13.85 km/h
Running performance: 3:51 min/km

Rank in course/Total: 13 (of 63)
Rank in course/Women: 2 (of 26)
Best time in course: 16:12

Rank in category: 1(of 5)
Best time in the category: 17:20

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Zwischenzeit I	-	12:02	-	1	-	2	0:56	-	12:02	-	1	-	2	0:56
Finish	-	5:18	-	1	-	2	0:12	4.50	17:20	-	1	-	2	1:08