



Detailed evaluation

Christian Frank

Number: 71

Course: 4.50 km
Jedermann

Category:
Senioren M35 (35-39) J

Total time: 18:23

Speed: 14.69 km/h

Running performance: 4:05 min/km

Rank in course/Total: 27 (of 63)

Rank in course/Men: 20 (of 37)

Best time in course: 13:48

Rank in category: 2(of 3)

Best time in the category: 17:23

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Zwischenzeit I	-	12:23	-	2	0:31	16	2:47	-	12:23	-	2	0:31	16	2:47
Finish	-	6:00	-	2	0:29	22	1:48	4.50	18:23	-	2	1:00	20	4:35