



Detailed evaluation

Sebastian Bergfeld

Number: 6

Course: 4.50 km
Jedermann

Category:
Senioren M40 (40-44) J

Total time: 19:25

Speed: 12.36 km/h

Running performance: 4:18 min/km

Rank in course/Total: 31 (of 63)

Rank in course/Men: 23 (of 37)

Best time in course: 13:48

Rank in category: 2(of 5)

Best time in the category: 17:25

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Zwischenzeit I	-	13:15	-	2	1:21	23	3:39	-	13:15	-	2	1:21	23	3:39
Finish	-	6:10	-	2	0:39	23	1:58	4.50	19:25	-	2	2:00	23	5:37