



WBG Zukunft Geraauelauf

Erfurt / 03.06.2023

Detailed evaluation

Marco Völlger

Number: 84

Course: 4.50 km

Jedermann

Category:

Senioren M45 (45-49) J

Total time: 16:10

Speed: 14.85 km/h

Running performance: 3:35 min/km

Rank in course/Total: 7 (of 63)

Rank in course/Men: 7 (of 37)

Best time in course: 13:48

Rank in category: 1(of 4)

Best time in the category: 16:10

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total		Pos Cat.	Behind Cat.	Total ranking		
						Pos Men	Behind Men	Total km	Total Time			Total min/km	Pos Men	Behind Men
Zwischenzeit I	-	11:05	-	1	-	7	1:29	-	11:05	-	1	-	7	1:29
Finish	-	5:05	-	1	-	8	0:53	4.50	16:10	-	1	-	7	2:22