



Detailed evaluation

Ralf Pasewald

Number: 43

Course: 4.50 km
Jedermann

Category:
Senioren M60 (60-64) J

Total time: 22:49

Speed: 11.83 km/h

Running performance: 5:04 min/km

Rank in course/Total: 53 (of 63)

Rank in course/Men: 34 (of 37)

Best time in course: 13:48

Rank in category: 2(of 2)

Best time in the category: 21:00

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Zwischenzeit I	-	15:46	-	2	1:28	36	6:10	-	15:46	-	2	1:28	36	6:10
Finish	-	7:03	-	2	0:21	29	2:51	4.50	22:49	-	2	1:49	34	9:01