



WBG Zukunft Geraauelauf

Erfurt / 03.06.2023

Detailed evaluation

Katrin Näder

Club: WBG Zukunft

Number: 39

Course: 4.50 km

Jedermann

Category:

Seniorinnen W50 (50-54) J

Total time: 23:01

Speed: 10.43 km/h

Running performance: 5:06 min/km

Rank in course/Total: 54 (of 63)

Rank in course/Women: 20 (of 26)

Best time in course: 16:12

Rank in category: 3(of 4)

Best time in the category: 19:42

Intermediate times

Stage score

Total ranking

| Control | Split km | Split Time | Split min/km | Pos Cat. | Behind Cat. | Stage score | | Total ranking | | | | | | |
|----------------|-------------|---------------|-----------------|-------------|----------------|--------------|-----------------|---------------|---------------|-----------------|-------------|----------------|--------------|-----------------|
| | | | | | | Pos Women | Behind Women | Total km | Total Time | Total min/km | Pos Cat. | Behind Cat. | Pos Women | Behind Women |
| Zwischenzeit I | - | 15:07 | - | 3 | 1:32 | 20 | 4:01 | - | 15:07 | - | 3 | 1:32 | 20 | 4:01 |
| Finish | - | 7:54 | - | 4 | 1:47 | 23 | 2:48 | 4.50 | 23:01 | - | 3 | 3:19 | 20 | 6:49 |