



WBG Zukunft Geraauelauf

Erfurt / 03.06.2023

Detailed evaluation

Josephine Groneberg

Number: 125

Course: 8.00 km

8 km Lauf

Category:

Frauen (20-29 Jahre) 8

Total time: 37:33

Speed: 12.78 km/h

Running performance: 4:41 min/km

Rank in course/Total: 15 (of 67)

Rank in course/Women: 2 (of 28)

Best time in course: 37:07

Rank in category: 2 (of 6)

Best time in the category: 37:07

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total		Pos Cat.	Behind Cat.	Total ranking		
						Pos Women	Behind Women	km	Time			min/km	Pos Women	Behind Women
Zwischenzeit I	-	4:45	-	1	-	5	0:13	-	4:45	-	1	-	5	0:13
Zwischenzeit I	-	18:32	-	1	-	1	-	-	23:17	-	1	-	1	-
Finish	-	14:16	-	2	0:32	2	0:32	8.00	37:33	-	2	0:26	2	0:26