



Detailed evaluation

Alexander Möller

Club: SSV Erfurt Nord e.V.
Number: 151

Course: 8.00 km
8 km Lauf

Category:
Senioren M30 (30-34) 8

Total time: 47:33

Speed: 10.09 km/h
Running performance: 5:56 min/km

Rank in course/Total: 58 (of 67)

Rank in course/Men: 32 (of 39)

Best time in course: 26:26

Rank in category: 2(of 3)

Best time in the category: 38:54

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Zwischenzeit I	-	5:24	-	2	0:06	28	2:09	-	5:24	-	2	0:06	28	2:09
Zwischenzeit I	-	23:11	-	2	3:40	33	10:02	-	28:35	-	2	3:46	31	12:11
Finish	-	18:58	-	2	4:53	32	8:56	8.00	47:33	-	2	8:39	32	21:07