



Detailed evaluation

Marcus Ludwig

Number: 143

Course: 8.00 km

8 km Lauf

Category:

Senioren M35 (35-39) 8

Total time: 40:25

Speed: 11.88 km/h

Running performance: 5:03 min/km

Rank in course/Total: 31 (of 67)

Rank in course/Men: 22 (of 39)

Best time in course: 26:26

Rank in category: 2(of 3)

Best time in the category: 26:26

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total			Total ranking			
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Zwischenzeit I	-	4:57	-	2	1:42	20	1:42	-	4:57	-	2	1:42	20	1:42
Zwischenzeit I	-	20:14	-	2	7:05	21	7:05	-	25:11	-	2	8:47	23	8:47
Finish	-	15:14	-	2	5:12	20	5:12	8.00	40:25	-	2	13:59	22	13:59