



Detailed evaluation

Jens Wagner

Club: SWE Laufteam
Number: 177

Course: 8.00 km
8 km Lauf

Category:
Senioren M40 (40-44) 8

Total time: 39:03

Speed: 12.29 km/h
Running performance: 4:52 min/km

Rank in course/Total: 24 (of 67)

Rank in course/Men: 19 (of 39)

Best time in course: 26:26

Rank in category: 2(of 6)

Best time in the category: 32:30

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Zwischenzeit I	-	5:00	-	2	1:08	22	1:45	-	5:00	-	2	1:08	22	1:45
Zwischenzeit I	-	19:27	-	2	3:17	19	6:18	-	24:27	-	2	4:25	19	8:03
Finish	-	14:36	-	2	2:08	15	4:34	8.00	39:03	-	2	6:33	19	12:37