



Detailed evaluation

Denis Schebitz

Number: 162

Course: 8.00 km
8 km Lauf

Category:
Senioren M45 (45-49) 8

Total time: 38:55

Speed: 12.33 km/h

Running performance: 4:51 min/km

Rank in course/Total: 20 (of 67)

Rank in course/Men: 18 (of 39)

Best time in course: 26:26

Rank in category: 2(of 5)

Best time in the category: 36:23

Control	Intermediate times					Stage score				Total ranking					
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	
Zwischenzeit I	-	4:59	-	3	0:25	21	1:44	-	4:59	-	3	0:25	21	1:44	
Zwischenzeit I	-	19:09	-	3	1:14	16	6:00	-	24:08	-	3	1:28	18	7:44	
Finish	-	14:47	-	2	1:04	18	4:45	8.00	38:55	-	2	2:32	18	12:29	