



Detailed evaluation

Andreas Heym

Club: EDEKA-Team ERFURT

Number: 132

Course: 8.00 km

8 km Lauf

Category:

Senioren M45 (45-49) 8

Total time: 39:14

Speed: 12.23 km/h

Running performance: 4:54 min/km

Rank in course/Total: 26 (of 67)

Rank in course/Men: 20 (of 39)

Best time in course: 26:26

Rank in category: 3(of 5)

Best time in the category: 36:23

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total			Total ranking			
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Zwischenzeit I	-	4:34	-	1	-	14	1:19	-	4:34	-	1	-	14	1:19
Zwischenzeit I	-	18:41	-	2	0:46	12	5:32	-	23:15	-	2	0:35	13	6:51
Finish	-	15:59	-	4	2:16	23	5:57	8.00	39:14	-	3	2:51	20	12:48