



Detailed evaluation

Nicol Meister

Club: WBG Zunkunft
Number: 147

Course: 8.00 km
8 km Lauf

Category:
Seniorinnen W35 (35-39) 8

Total time: 38:59

Speed: 12.31 km/h
Running performance: 4:52 min/km

Rank in course/Total: 23 (of 67)

Rank in course/Women: 5 (of 28)

Best time in course: 37:07

Rank in category: 1(of 5)

Best time in the category: 38:59

Control	Intermediate times			Stage score				Total ranking						
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Zwischenzeit I	-	4:32	-	1	-	1	-	-	4:32	-	1	-	1	-
Zwischenzeit I	-	19:30	-	2	0:11	6	0:58	-	24:02	-	1	-	5	0:45
Finish	-	14:57	-	2	0:05	5	1:13	8.00	38:59	-	1	-	5	1:52