



Detailed evaluation

Enrico Stengel

Number: 236

Course: 21.00 km
Halbmarathon

Category:
Senioren M30 (30-34)

Total time: 1:35:44

Speed: 13.16 km/h

Running performance: 4:33 min/km

Rank in course/Total: 7 (of 35)

Rank in course/Men: 7 (of 28)

Best time in course: 1:16:53

Rank in category: 1(of 2)

Best time in the category: 1:35:44

Intermediate times					Stage score				Total ranking					
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Zwischenzeit I	-	5:18	-	1	-	2	0:33	-	5:18	-	1	-	2	0:33
Zwischenzeit II	-	15:28	-	1	-	5	2:26	-	20:46	-	1	-	4	2:59
Zwischenzeit I	-	18:38	-	2	0:01	7	3:09	-	39:24	-	1	-	5	6:08
Zwischenzeit II	-	19:56	-	2	0:28	9	3:52	-	59:20	-	1	-	6	10:00
Zwischenzeit I	-	20:20	-	2	0:43	10	4:46	-	1:19:40	-	1	-	7	14:46
Finish	-	16:04	-	2	0:41	11	4:05	21.00	1:35:44	-	1	-	7	18:51