



Detailed evaluation

Ruben Ohanes

Club: Armenische Gemeinde e.V

Number: 226

Course: 21.00 km

Halbmarathon

Category:

Senioren M35 (35-39)

Total time: 2:28:19

Speed: 8.50 km/h

Running performance: 7:03 min/km

Rank in course/Total: 32 (of 35)

Rank in course/Men: 26 (of 28)

Best time in course: 1:16:53

Rank in category: 3(of 3)

Best time in the category: 1:43:27

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total		Total min/km	Pos Cat.	Behind Cat.	Total ranking	
						Pos Men	Behind Men	km	Time				Pos Men	Behind Men
Zwischenzeit I	-	7:29	-	3	1:01	26	2:44	-	7:29	-	3	1:01	26	2:44
Zwischenzeit II	-	30:03	-	3	12:10	28	17:01	-	37:32	-	3	13:11	27	19:45
Zwischenzeit I	-	27:04	-	3	6:16	26	11:35	-	1:04:36	-	3	19:27	27	31:20
Zwischenzeit II	-	28:20	-	3	7:00	26	12:16	-	1:32:56	-	3	26:27	26	43:36
Zwischenzeit I	-	30:09	-	3	9:12	26	14:35	-	2:03:05	-	3	35:39	26	58:11
Finish	-	25:14	-	3	9:13	26	13:15	21.00	2:28:19	-	3	44:52	26	1:11:26