



Detailed evaluation

Thomas Max Meersteiner

Club: Hufeland Laufteam
Number: 222

Course: 21.00 km
Halbmarathon

Category:
Senioren M40 (40-44)

Total time: 1:46:33

Speed: 11.83 km/h
Running performance: 5:04 min/km

Rank in course/Total: 17 (of 35)

Rank in course/Men: 15 (of 28)

Best time in course: 1:16:53

Rank in category: 6(of 8)

Best time in the category: 1:16:53

Intermediate times					Stage score				Total ranking					
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Zwischenzeit I	-	6:40	-	5	1:55	15	1:55	-	6:40	-	5	1:55	15	1:55
Zwischenzeit II	-	18:23	-	6	5:21	16	5:21	-	25:03	-	6	7:16	16	7:16
Zwischenzeit I	-	21:34	-	6	6:05	16	6:05	-	46:37	-	6	13:21	16	13:21
Zwischenzeit II	-	21:51	-	6	5:47	15	5:47	-	1:08:28	-	6	19:08	16	19:08
Zwischenzeit I	-	21:28	-	4	5:54	13	5:54	-	1:29:56	-	6	25:02	15	25:02
Finish	-	16:37	-	4	4:38	14	4:38	21.00	1:46:33	-	6	29:40	15	29:40