



Detailed evaluation

Steffen Schneider

Number: 234

Course: 21.00 km
Halbmarathon

Category:
Senioren M45 (45-49)

Total time: 1:37:04

Speed: 12.98 km/h

Running performance: 4:37 min/km

Rank in course/Total: 9 (of 35)

Rank in course/Men: 9 (of 28)

Best time in course: 1:16:53

Rank in category: 2(of 6)

Best time in the category: 1:32:49

Intermediate times					Stage score				Total ranking					
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Zwischenzeit I	-	5:58	-	2	0:10	9	1:13	-	5:58	-	2	0:10	9	1:13
Zwischenzeit II	-	16:48	-	2	1:06	10	3:46	-	22:46	-	2	1:16	10	4:59
Zwischenzeit I	-	19:42	-	2	0:56	9	4:13	-	42:28	-	2	2:12	10	9:12
Zwischenzeit II	-	19:40	-	2	0:32	8	3:36	-	1:02:08	-	2	2:44	9	12:48
Zwischenzeit I	-	19:35	-	2	0:24	7	4:01	-	1:21:43	-	2	3:08	9	16:49
Finish	-	15:21	-	2	1:07	8	3:22	21.00	1:37:04	-	2	4:15	9	20:11