



Detailed evaluation

Stefan Werner

Number: 241

Course: 21.00 km
Halbmarathon

Category:
Senioren M45 (45-49)

Total time: 2:35:00

Speed: 8.13 km/h

Running performance: 7:22 min/km

Rank in course/Total: 33 (of 35)

Rank in course/Men: 27 (of 28)

Best time in course: 1:16:53

Rank in category: 6(of 6)

Best time in the category: 1:32:49

| Intermediate times | | | | Stage score | | | | Total ranking | | | | | | |
|--------------------|----------|------------|--------------|-------------|-------------|---------|------------|---------------|------------|--------------|----------|-------------|---------|------------|
| Control | Split km | Split Time | Split min/km | Pos Cat. | Behind Cat. | Pos Men | Behind Men | Total km | Total Time | Total min/km | Pos Cat. | Behind Cat. | Pos Men | Behind Men |
| Zwischenzeit I | - | 7:58 | - | 6 | 2:10 | 28 | 3:13 | - | 7:58 | - | 6 | 2:10 | 28 | 3:13 |
| Zwischenzeit II | - | 23:08 | - | 6 | 7:26 | 26 | 10:06 | - | 31:06 | - | 6 | 9:36 | 26 | 13:19 |
| Zwischenzeit I | - | 30:05 | - | 6 | 11:19 | 27 | 14:36 | - | 1:01:11 | - | 6 | 20:55 | 26 | 27:55 |
| Zwischenzeit II | - | 33:46 | - | 6 | 14:38 | 28 | 17:42 | - | 1:34:57 | - | 6 | 35:33 | 27 | 45:37 |
| Zwischenzeit I | - | 34:41 | - | 6 | 15:30 | 27 | 19:07 | - | 2:09:38 | - | 6 | 51:03 | 27 | 1:04:44 |
| Finish | - | 25:22 | - | 6 | 11:08 | 27 | 13:23 | 21.00 | 2:35:00 | - | 6 | 1:02:11 | 27 | 1:18:07 |