



Detailed evaluation

Stefan Werner

Number: 241

Course: 21.00 km
Halbmarathon

Category:
Senioren M45 (45-49)

Total time: 2:35:00

Speed: 8.13 km/h

Running performance: 7:22 min/km

Rank in course/Total: 33 (of 35)

Rank in course/Men: 27 (of 28)

Best time in course: 1:16:53

Rank in category: 6(of 6)

Best time in the category: 1:32:49

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Zwischenzeit I	-	7:58	-	6	2:10	28	3:13	-	7:58	-	6	2:10	28	3:13
Zwischenzeit II	-	23:08	-	6	7:26	26	10:06	-	31:06	-	6	9:36	26	13:19
Zwischenzeit I	-	30:05	-	6	11:19	27	14:36	-	1:01:11	-	6	20:55	26	27:55
Zwischenzeit II	-	33:46	-	6	14:38	28	17:42	-	1:34:57	-	6	35:33	27	45:37
Zwischenzeit I	-	34:41	-	6	15:30	27	19:07	-	2:09:38	-	6	51:03	27	1:04:44
Finish	-	25:22	-	6	11:08	27	13:23	21.00	2:35:00	-	6	1:02:11	27	1:18:07