



## Detailed evaluation

Francisco Jesus Martin Fernadez

Number: 144

Course: 8.00 km

8 km Lauf

Category:

Männer (20-29 Jahre) 8

Total time: 32:20

Speed: 14.85 km/h

Running performance: 4:02 min/km

Rank in course/Total: 4 (of 67)

Rank in course/Men: 4 (of 39)

Best time in course: 26:26

Rank in category: 3(of 7)

Best time in the category: 28:29

### Intermediate times

### Stage score

### Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total		Total min/km	Pos Cat.	Behind Cat.	Total ranking	
						Pos Men	Behind Men	km	Time				Pos Men	Behind Men
Zwischenzeit I	-	3:54	-	3	0:29	6	0:39	-	3:54	-	3	0:29	6	0:39
Zwischenzeit I	-	16:08	-	3	2:04	4	2:59	-	20:02	-	3	2:33	4	3:38
Finish	-	12:18	-	3	1:18	4	2:16	8.00	32:20	-	3	3:51	4	5:54