



Detailed evaluation

Stephan Zeidler

Club: Helios Team Erfurt
Number: 243

Course: 21.00 km
Halbmarathon

Category:
Senioren M50 (50-54)

Total time: 2:00:40

Speed: 10.44 km/h
Running performance: 5:44 min/km

Rank in course/Total: 27 (of 35)

Rank in course/Men: 24 (of 28)

Best time in course: 1:16:53

Rank in category: 3(of 3)

Best time in the category: 1:28:39

Intermediate times					Stage score				Total ranking					
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Zwischenzeit I	-	7:06	-	3	1:30	23	2:21	-	7:06	-	3	1:30	23	2:21
Zwischenzeit II	-	19:20	-	3	4:47	24	6:18	-	26:26	-	3	6:17	24	8:39
Zwischenzeit I	-	22:56	-	3	5:35	24	7:27	-	49:22	-	3	11:52	24	16:06
Zwischenzeit II	-	24:31	-	3	6:24	24	8:27	-	1:13:53	-	3	18:16	24	24:33
Zwischenzeit I	-	25:23	-	3	7:05	23	9:49	-	1:39:16	-	3	25:21	24	34:22
Finish	-	21:24	-	3	6:40	25	9:25	21.00	2:00:40	-	3	32:01	24	43:47