



4.Werratalmarathon, Halbmarathon, Staffel

Treffurt / 02.04.2023

Detailed evaluation

Team Unstrut Hainich

Total time: 3:49:59

Number: 55

Speed: 10.96 km/h

Running performance: 5:27 min/km

Course: 42.20 km

Staffel

Rank in course: 10 (of 13)

Best time in course: 3:21:10

Category:

Rank in category: 2(of 2)

Frauenstaffel

Best time in the category: 3:45:25

Intermediate times

Stage score

Total ranking

| Control | Split | Split | Split | Pos | Behind | Pos | Behind | Total | Total | Total | Pos | Behind | Pos | Behind |
|-------------|-------|---------|--------|------|--------|-------|--------|-------|---------|--------|------|--------|-------|--------|
| | km | Time | min/km | Cat. | Cat. | Total | Total | km | Time | min/km | Cat. | Cat. | Total | Total |
| Ifta | 11.70 | 1:12:09 | 6:10 | 2 | 7:27 | 11 | 16:56 | 11.70 | 1:12:09 | 6:10 | 2 | 7:27 | 11 | 16:56 |
| Buchenau | 11.80 | 1:00:59 | 5:10 | 2 | 0:15 | 9 | 9:17 | 23.50 | 2:13:08 | 5:39 | 2 | 7:42 | 11 | 25:59 |
| Frankenroda | 9.40 | 51:38 | 5:29 | 1 | - | 7 | 7:43 | 32.90 | 3:04:46 | 5:36 | 2 | 6:47 | 10 | 33:42 |
| Treffurt | 9.30 | 45:13 | 4:51 | 1 | - | 1 | - | 42.20 | 3:49:59 | 5:26 | 2 | 4:34 | 10 | 28:49 |