



4.Werratalmarathon, Halbmarathon, Staffel

Treffurt / 02.04.2023

Detailed evaluation

Wardon

Total time: 3:57:54

Number: 49

Speed: 10.59 km/h

Running performance: 5:38 min/km

Course: 42.20 km

Staffel

Rank in course: 11 (of 13)

Best time in course: 3:21:10

Category:

Rank in category: 5(of 5)

Männerstaffel

Best time in the category: 3:23:39

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Total	Total	km	Time	min/km	Cat.	Cat.	Total	Total
Ifta	11.70	1:17:34	6:37	5	22:21	13	22:21	11.70	1:17:34	6:37	5	22:21	13	22:21
Buchenau	11.80	58:17	4:56	3	3:01	5	6:35	23.50	2:15:51	5:46	5	24:10	12	28:42
Frankenroda	9.40	51:24	5:28	4	6:15	6	7:29	32.90	3:07:15	5:41	5	30:25	11	36:11
Treffurt	9.30	50:39	5:26	4	3:50	9	5:26	42.20	3:57:54	5:38	5	34:15	11	36:44