



4. Werratalmarathon, Halbmarathon, Staffel

Treffurt / 02.04.2023

Detailed evaluation

Haribo Colorado

Total time: 4:03:33

Number: 46

Speed: 10.40 km/h

Running performance: 5:46 min/km

Course: 42.20 km

Staffel

Rank in course: 12 (of 13)

Best time in course: 3:21:10

Category:

Rank in category: 5 (of 6)

Mixstaffel

Best time in the category: 3:21:10

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Total	Total	km	Time	min/km	Cat.	Cat.	Total	Total
Ifta	11.70	1:12:22	6:11	6	16:55	12	17:09	11.70	1:12:22	6:11	6	16:55	12	17:09
Buchenau	11.80	58:10	4:55	2	6:28	4	6:28	23.50	2:10:32	5:33	5	23:23	10	23:23
Frankenroda	9.40	1:02:10	6:36	6	18:15	13	18:15	32.90	3:12:42	5:51	5	41:38	12	41:38
Treffurt	9.30	50:51	5:28	4	3:51	10	5:38	42.20	4:03:33	5:46	5	42:23	12	42:23