



4.Werratalmarathon, Halbmarathon, Staffel

Treffurt / 02.04.2023

Detailed evaluation

Roter Stern Pfafferode

Total time: 4:08:58

Number: 43

Speed: 10.12 km/h

Running performance: 5:54 min/km

Course: 42.20 km

Staffel

Rank in course: 13 (of 13)

Best time in course: 3:21:10

Category:

Rank in category: 6(of 6)

Mixstaffel

Best time in the category: 3:21:10

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Total	Total	km	Time	min/km	Cat.	Cat.	Total	Total
Ifta	11.70	1:08:26	5:50	5	12:59	10	13:13	11.70	1:08:26	5:50	5	12:59	10	13:13
Buchenau	11.80	1:18:11	6:37	6	26:29	13	26:29	23.50	2:26:37	6:14	6	39:28	13	39:28
Frankenroda	9.40	55:21	5:53	4	11:26	11	11:26	32.90	3:21:58	6:08	6	50:54	13	50:54
Treffurt	9.30	47:00	5:03	1	-	3	1:47	42.20	4:08:58	5:53	6	47:48	13	47:48