



4.Werratalmarathon, Halbmarathon, Staffel

Treffurt / 02.04.2023

Detailed evaluation

Die Kilometer-Zerspanner

Total time: 3:41:50

Number: 53

Speed: 11.36 km/h

Running performance: 5:16 min/km

Course: 42.20 km

Staffel

Rank in course: 5 (of 13)

Best time in course: 3:21:10

Category:

Rank in category: 4(of 5)

Männerstaffel

Best time in the category: 3:23:39

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Total	Behind Total	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total
Ifta	11.70	1:03:41	5:26	4	8:28	8	8:28	11.70	1:03:41	5:26	4	8:28	8	8:28
Buchenau	11.80	1:03:03	5:20	5	7:47	11	11:21	23.50	2:06:44	5:23	4	15:03	9	19:35
Frankenroda	9.40	47:25	5:02	2	2:16	3	3:30	32.90	2:54:09	5:17	4	17:19	6	23:05
Treffurt	9.30	47:41	5:07	2	0:52	5	2:28	42.20	3:41:50	5:15	4	18:11	5	20:40