



4.Werratalmarathon, Halbmarathon, Staffel

Treffurt / 02.04.2023

Detailed evaluation

Wanschura, Jan

Club: München

Number: 658

Course: 42.20 km

Marathon

Category:

Senioren M50 (50-54 Jahre)

Total time: 5:07:27

Speed: 8.20 km/h

Running performance: 7:17 min/km

Rank in course/Total: 53 (of 63)

Rank in course/Men: 43 (of 52)

Best time in course: 3:03:52

Rank in category: 9(of 10)

Best time in the category: 3:35:00

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Ifta	11.70	1:19:29	6:47	9	21:00	48	28:02	11.70	1:19:29	6:47	9	21:00	48	28:02
Buchenau	11.80	1:22:06	6:57	9	25:08	46	31:40	23.50	2:41:35	6:52	9	46:08	46	59:42
Frankenroda	9.40	1:09:30	7:23	7	21:08	40	28:47	32.90	3:51:05	7:01	8	1:05:50	42	1:28:29
Treffurt	9.30	1:16:22	8:12	9	28:11	45	35:06	42.20	5:07:27	7:17	9	1:32:27	43	2:03:35