



4.Werratalmarathon, Halbmarathon, Staffel

Treffurt / 02.04.2023

Detailed evaluation

Möller, Thomas

Club: M&H Rennsteigteam

Number: 637

Course: 42.20 km

Marathon

Category:

Senioren M55 (55-59 Jahre)

Total time: 5:19:08

Speed: 7.90 km/h

Running performance: 7:34 min/km

Rank in course/Total: 55 (of 63)

Rank in course/Men: 45 (of 52)

Best time in course: 3:03:52

Rank in category: 5(of 7)

Best time in the category: 3:57:00

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Ifta	11.70	1:15:57	6:29	4	14:13	42	24:30	11.70	1:15:57	6:29	4	14:13	42	24:30
Buchenau	11.80	1:26:05	7:17	5	26:09	48	35:39	23.50	2:42:02	6:53	4	40:22	47	1:00:09
Frankenroda	9.40	1:16:19	8:07	5	21:53	44	35:36	32.90	3:58:21	7:14	4	1:02:15	44	1:35:45
Treffurt	9.30	1:20:47	8:41	6	24:51	46	39:31	42.20	5:19:08	7:33	5	1:22:08	45	2:15:16