



4.Werratalmarathon, Halbmarathon, Staffel

Treffurt / 02.04.2023

Detailed evaluation

Krause, Joachim

Club: Erdinger Active Team

Number: 666

Course: 42.20 km

Marathon

Category:

Senioren M55 (55-59 Jahre)

Total time: 5:30:32

Speed: 7.62 km/h

Running performance: 7:50 min/km

Rank in course/Total: 57 (of 63)

Rank in course/Men: 47 (of 52)

Best time in course: 3:03:52

Rank in category: 6(of 7)

Best time in the category: 3:57:00

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Ifta	11.70	1:27:20	7:27	7	25:36	52	35:53	11.70	1:27:20	7:27	7	25:36	52	35:53
Buchenau	11.80	1:28:26	7:29	6	28:30	50	38:00	23.50	2:55:46	7:28	7	54:06	51	1:13:53
Frankenroda	9.40	1:20:34	8:34	6	26:08	46	39:51	32.90	4:16:20	7:47	6	1:20:14	48	1:53:44
Treffurt	9.30	1:14:12	7:58	4	18:16	43	32:56	42.20	5:30:32	7:49	6	1:33:32	47	2:26:40