



# 4.Werratalmarathon, Halbmarathon, Staffel

Treffurt / 02.04.2023

## Detailed evaluation

**Kämmerer, Jens**

Club: verlaufen und trotzdem angekommen  
Number: 624

Course: 42.20 km  
Marathon

Category:  
Senioren M50 (50-54 Jahre)

Total time: 5:33:19

Speed: 7.60 km/h  
Running performance: 7:54 min/km

Rank in course/Total: 58 (of 63)

Rank in course/Men: 48 (of 52)

Best time in course: 3:03:52

Rank in category: 10(of 10)

Best time in the category: 3:35:00

### Intermediate times

### Stage score

### Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Ifta	11.70	1:21:13	6:56	10	22:44	50	29:46	11.70	1:21:13	6:56	10	22:44	50	29:46
Buchenau	11.80	1:28:06	7:27	10	31:08	49	37:40	23.50	2:49:19	7:12	10	53:52	49	1:07:26
Frankenroda	9.40	1:22:06	8:44	10	33:44	47	41:23	32.90	4:11:25	7:38	10	1:26:10	47	1:48:49
Treffurt	9.30	1:21:54	8:48	10	33:43	47	40:38	42.20	5:33:19	7:53	10	1:58:19	48	2:29:27