



## 4.Werratalmarathon, Halbmarathon, Staffel

Treffurt / 02.04.2023

### Detailed evaluation

**Hensel, Mark**

Club: The Running Litos

Number: 184

Course: 21.50 km

Halbmarathon

Category:

Senioren M35 (35-39 Jahre)

Total time: 1:47:13

Speed: 11.75 km/h

Running performance: 4:59 min/km

Rank in course/Total: 21 (of 53)

Rank in course/Men: 18 (of 35)

Best time in course: 1:21:26

Rank in category: 4(of 4)

Best time in the category: 1:25:34