



4.Werratalmarathon, Halbmarathon, Staffel

Treffurt / 02.04.2023

Detailed evaluation

Mincheva, Aleksandra

Club: Rudolstadt

Number: 636

Course: 42.20 km

Marathon

Category:

Frauen (20-29 Jahre)

Total time: 3:18:09

Speed: 12.72 km/h

Running performance: 4:42 min/km

Rank in course/Total: 3 (of 63)

Rank in course/Women: 1 (of 11)

Best time in course: 3:18:09

Rank in category: 1(of 2)

Best time in the category: 3:18:09

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking						
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Ifta	11.70	55:51	4:46	1	-	1	-	11.70	55:51	4:46	1	-	1	-
Buchenau	11.80	55:27	4:41	1	-	2	1:23	23.50	1:51:18	4:44	1	-	2	1:07
Frankenroda	9.40	44:53	4:46	1	-	1	-	32.90	2:36:11	4:44	1	-	2	0:19
Treffurt	9.30	41:58	4:30	1	-	1	-	42.20	3:18:09	4:41	1	-	1	-