



4. Werratalmarathon, Halbmarathon, Staffel

Treffurt / 02.04.2023

Detailed evaluation

Doerfert, Lydia

Club: Team bevegt.de

Number: 665

Course: 42.20 km

Marathon

Category:

Seniorinnen W40 (40-44 Jahre)

Total time: 3:21:48

Speed: 12.49 km/h

Running performance: 4:47 min/km

Rank in course/Total: 4 (of 63)

Rank in course/Women: 2 (of 11)

Best time in course: 3:18:09

Rank in category: 1 (of 4)

Best time in the category: 3:21:48

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking						
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Ifta	11.70	56:07	4:47	1	-	2	0:16	11.70	56:07	4:47	1	-	2	0:16
Buchenau	11.80	54:04	4:34	1	-	1	-	23.50	1:50:11	4:41	1	-	1	-
Frankenroda	9.40	45:41	4:51	1	-	2	0:48	32.90	2:35:52	4:44	1	-	1	-
Treffurt	9.30	45:56	4:56	1	-	2	3:58	42.20	3:21:48	4:46	1	-	2	3:39