



4. Werratalmarathon, Halbmarathon, Staffel

Treffurt / 02.04.2023

Detailed evaluation

Liebisch, Matthias

Club: Jena

Number: 632

Course: 42.20 km

Marathon

Category:

Senioren M45 (45-49 Jahre)

Total time: 3:32:08

Speed: 11.88 km/h

Running performance: 5:02 min/km

Rank in course/Total: 6 (of 63)

Rank in course/Men: 4 (of 52)

Best time in course: 3:03:52

Rank in category: 1 (of 6)

Best time in the category: 3:32:08

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Ifta	11.70	58:25	4:59	1	-	4	6:58	11.70	58:25	4:59	1	-	4	6:58
Buchenau	11.80	57:56	4:54	1	-	5	7:30	23.50	1:56:21	4:57	1	-	5	14:28
Frankenroda	9.40	46:59	4:59	1	-	3	6:16	32.90	2:43:20	4:57	1	-	4	20:44
Treffurt	9.30	48:48	5:14	2	0:11	8	7:32	42.20	3:32:08	5:01	1	-	4	28:16