



4.Werratalmarathon, Halbmarathon, Staffel

Treffurt / 02.04.2023

Detailed evaluation

Kraushaar, Torsten

Club: TRCT Racing Team

Number: 630

Course: 42.20 km

Marathon

Category:

Senioren M50 (50-54 Jahre)

Total time: 3:36:36

Speed: 11.63 km/h

Running performance: 5:08 min/km

Rank in course/Total: 9 (of 63)

Rank in course/Men: 7 (of 52)

Best time in course: 3:03:52

Rank in category: 2(of 10)

Best time in the category: 3:35:00

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Ifta	11.70	1:00:48	5:11	2	2:19	6	9:21	11.70	1:00:48	5:11	2	2:19	6	9:21
Buchenau	11.80	59:15	5:01	2	2:17	7	8:49	23.50	2:00:03	5:06	2	4:36	6	18:10
Frankenroda	9.40	48:22	5:08	1	-	8	7:39	32.90	2:48:25	5:07	2	3:10	7	25:49
Treffurt	9.30	48:11	5:10	1	-	6	6:55	42.20	3:36:36	5:07	2	1:36	7	32:44