



4.Werratalmarathon, Halbmarathon, Staffel

Treffurt / 02.04.2023

Detailed evaluation

Popp, Dietmar

Club: Kiel

Number: 640

Course: 42.20 km

Marathon

Category:

Senioren M65 (65-69 Jahre)

Total time: 3:44:03

Speed: 11.25 km/h

Running performance: 5:19 min/km

Rank in course/Total: 12 (of 63)

Rank in course/Men: 10 (of 52)

Best time in course: 3:03:52

Rank in category: 1(of 3)

Best time in the category: 3:44:03

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Ifta	11.70	1:03:18	5:24	1	-	13	11:51	11.70	1:03:18	5:24	1	-	13	11:51
Buchenau	11.80	1:01:38	5:13	1	-	13	11:12	23.50	2:04:56	5:18	1	-	13	23:03
Frankenroda	9.40	49:52	5:18	1	-	10	9:09	32.90	2:54:48	5:18	1	-	12	32:12
Treffurt	9.30	49:15	5:17	1	-	11	7:59	42.20	3:44:03	5:18	1	-	10	40:11