



4.Werratalmarathon, Halbmarathon, Staffel

Treffurt / 02.04.2023

Detailed evaluation

Montag, Andreas

Club: SV Normania Treffurt e.V.

Number: 638

Course: 42.20 km

Marathon

Category:

Senioren M60 (60-64 Jahre)

Total time: 3:54:14

Speed: 10.76 km/h

Running performance: 5:33 min/km

Rank in course/Total: 21 (of 63)

Rank in course/Men: 17 (of 52)

Best time in course: 3:03:52

Rank in category: 1(of 6)

Best time in the category: 3:54:14

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Ifta	11.70	1:04:18	5:29	1	-	15	12:51	11.70	1:04:18	5:29	1	-	15	12:51
Buchenau	11.80	1:04:19	5:27	2	0:10	18	13:53	23.50	2:08:37	5:28	1	-	15	26:44
Frankenroda	9.40	51:43	5:30	1	-	15	11:00	32.90	3:00:20	5:28	1	-	16	37:44
Treffurt	9.30	53:54	5:47	2	2:18	23	12:38	42.20	3:54:14	5:33	1	-	17	50:22