



4.Werratalmarathon, Halbmarathon, Staffel

Treffurt / 02.04.2023

Detailed evaluation

Rösler, Mario

Club: Roter Stern Pfafferode

Number: 643

Course: 42.20 km

Marathon

Category:

Senioren M50 (50-54 Jahre)

Total time: 4:02:54

Speed: 10.37 km/h

Running performance: 5:46 min/km

Rank in course/Total: 27 (of 63)

Rank in course/Men: 23 (of 52)

Best time in course: 3:03:52

Rank in category: 5(of 10)

Best time in the category: 3:35:00

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Ifta	11.70	1:08:25	5:50	5	9:56	29	16:58	11.70	1:08:25	5:50	5	9:56	29	16:58
Buchenau	11.80	1:08:57	5:50	6	11:59	32	18:31	23.50	2:17:22	5:50	5	21:55	31	35:29
Frankenroda	9.40	56:10	5:58	6	7:48	30	15:27	32.90	3:13:32	5:52	6	28:17	32	50:56
Treffurt	9.30	49:22	5:18	3	1:11	12	8:06	42.20	4:02:54	5:45	5	27:54	23	59:02