



4.Werratalmarathon, Halbmarathon, Staffel

Treffurt / 02.04.2023

Detailed evaluation

Döpping, Matthias

Club: Team Döpping

Number: 608

Course: 42.20 km

Marathon

Category:

Senioren M40 (40-44 Jahre)

Total time: 4:03:03

Speed: 10.42 km/h

Running performance: 5:46 min/km

Rank in course/Total: 28 (of 63)

Rank in course/Men: 24 (of 52)

Best time in course: 3:03:52

Rank in category: 4(of 8)

Best time in the category: 3:39:37

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Ifta	11.70	1:08:24	5:50	5	5:09	28	16:57	11.70	1:08:24	5:50	5	5:09	28	16:57
Buchenau	11.80	1:07:14	5:41	5	6:43	26	16:48	23.50	2:15:38	5:46	5	11:52	28	33:45
Frankenroda	9.40	54:04	5:45	4	6:53	22	13:21	32.90	3:09:42	5:45	5	18:02	26	47:06
Treffurt	9.30	53:21	5:44	4	8:42	21	12:05	42.20	4:03:03	5:45	4	23:26	24	59:11